

INTERNATIONAL YOGA ORGANISATION

CERTIFICATE

THIS CERTIFICATE IS PROUDLY PRESENTED FOR REGISTRATION ACCOMPLISHMENT TO



REKHA UBALE

THE REGISTRANT HAS SUCCESSFULLY COMPLETED THE IYO INTERNATIONAL SOUND THERAPIST CERTIFICATION PROGRAM, OFFERED BY THE ESTEEMED IYO INTERNATIONAL YOGA ORGANISATION. THIS ACCOMPLISHMENT QUALIFIES THEM TO PURSUE EMPLOYMENT OPPORTUNITIES ACROSS A WIDE SPECTRUM OF ENVIRONMENTS, INCLUDING REPUTABLE YOGA STUDIOS, WELLNESS CENTERS, LEADING GROUP OR INDIVIDUAL CLASSES, INTERNATIONAL SETTINGS, AND GOVERNMENT SECTORS. THE ACCREDITATION GRANTED BY THIS PROGRAM IS RECOGNIZED IN 195 COUNTRIES WORLDWIDE, ENSURING GLOBAL MOBILITY AND CAREER PROSPECTS. WE PROUDLY CONFIRM THAT THE REGISTRANT HAS DILIGENTLY FULFILLED ALL REQUISITE COMPONENTS OF THE CERTIFICATION PROCESS. THIS COMPREHENSIVE PROGRAM HAS BEEN METICULOUSLY DESIGNED TO IMPART ADVANCED KNOWLEDGE AND PRACTICAL SKILLS IN SOUND THERAPY TECHNIQUES. THROUGH RIGOROUS TRAINING, THE REGISTRANT HAS DEVELOPED A PROFOUND UNDERSTANDING OF SOUND AS A FORMIDABLE THERAPEUTIC TOOL, CAPABLE OF PROMOTING WELLNESS AND HEALING. THE CERTIFICATION PROGRAM PLACES SIGNIFICANT EMPHASIS ON THE THERAPEUTIC ADVANTAGES OF SOUND HEALING PRACTICES, SKILLFULLY MERGING ANCIENT MODALITIES WITH CONTEMPORARY SCIENTIFIC INSIGHTS. AS A RESULT, THE REGISTRANT IS WELL-PREPARED TO LEAD SOUND THERAPY SESSIONS, FOSTERING A SUPPORTIVE ENVIRONMENT THAT ENHANCES THE HOLISTIC HEALING JOURNEY OF THEIR CLIENTS. THEIR COMMITMENT TO THIS FIELD UNDERSCORES A DEDICATION TO PROMOTING WELL-BEING AND THE TRANSFORMATIVE POTENTIAL OF SOUND THERAPY IN NURTURING BOTH MENTAL AND PHYSICAL HEALTH.

पंजीकरणकर्ता ने प्रतिष्ठित IYO अंतर्राष्ट्रीय योग संरक्षण द्वारा प्रस्तुत IYO अंतर्राष्ट्रीय ध्वनि चिकित्सा प्रमाणन कार्यक्रम सफलतापूर्वक पूरा कर लिया है। यह उपलब्धि उन्हें प्रतिष्ठित योग सर्टिफिकेट, वेल्नेस सेंटर, अग्रणी समूह या व्यक्तिगत कक्षाएं, अंतर्राष्ट्रीय परिवेश और सरकारी क्षेत्रों सहित, विभिन्न परिवेशों में योगाचार के अवसरों का लाभ उठाने के लिए योग्य बनाती है। इस कार्यक्रम द्वारा प्रदान की गई मान्यता दुनिया भर के 195 देशों में मान्यता प्राप्त है, जो वैश्विक गतिशीलता और करियर की संभावनाओं को सुनिश्चित करती है। हमें गर्व है कि पंजीकरणकर्ता ने प्रमाणन प्रक्रिया के सभी आवश्यक घटकों को लगन से पूरा किया है। यह व्यापक कार्यक्रम ध्वनि चिकित्सा तकनीकों में उन्नत ज्ञान और व्यावहारिक कौशल प्रदान करने के लिए सावधानीपूर्वक डिज़ाइन किया गया है। कठोर प्रशिक्षण के माध्यम से, पंजीकरणकर्ता ने ध्वनि को एक दुर्लभ चिकित्सीय उपकरण के रूप में गहन समझ विकसित की है, जो स्वास्थ्य और उपचार को बढ़ावा देने में सक्षम है। प्रमाणन कार्यक्रम ध्वनि चिकित्सा पद्धतियों के चिकित्सीय लाभों पर महत्वपूर्ण जोर देता है, और प्राचीन पद्धतियों को समकालीन वैज्ञानिक अंतर्दृष्टि के साथ कुशलतापूर्वक मिलाता है। परिणामस्वरूप, पंजीकरणकर्ता ध्वनि चिकित्सा सत्रों का नेतृत्व करने के लिए पूरी तरह तैयार होता है, जिससे एक सहायक वातावरण बनता है जो उनके छात्रों की समग्र उपचार यात्रा को बढ़ाता है। इस क्षेत्र के प्रति उनकी प्रतिबद्धता, कल्याण को बढ़ावा देने और मानसिक एवं शारीरिक स्वास्थ्य, दोनों के प्रोत्साहन में ध्वनि चिकित्सा की परिवर्तनकारी क्षमता के प्रति समर्पण को रेखांकित करती है।

IYT REG NO: LY14330 ISSUE DATE: 02.06.2026 VALID UPTO: 02.06.2031 GOVT EMPLOYMENT NCS ID: J21F57-1802016982291

THIS CERTIFICATION IS OFFICIALLY AFFILIATED AND ACCREDITED BY THE IYO® INTERNATIONAL YOGA ORGANISATION UNDER THE YOGA REGISTRATION BOARD

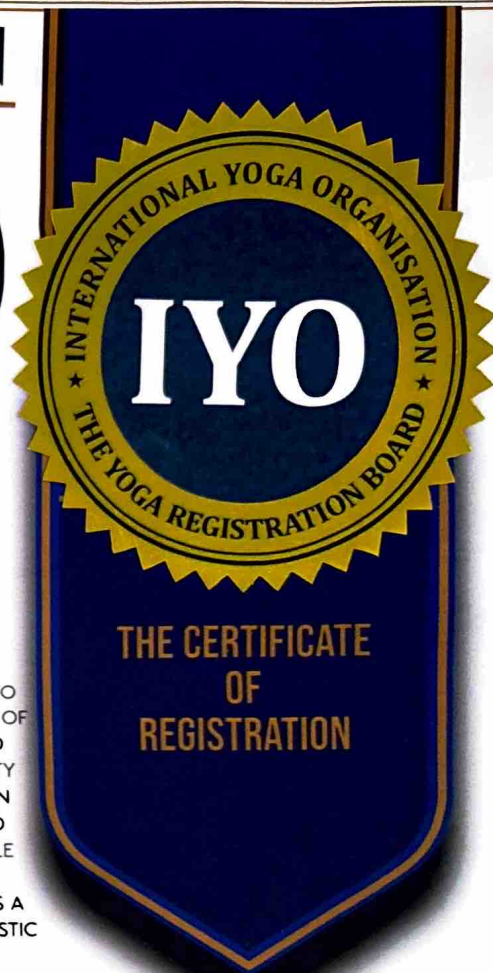


(Under Maharashtra State Education)
Revati Holistic,
Navi Mumbai, Kharghar,
Maharashtra-410210, India
Course Director: Rupali Sardey,
Mobile: +91 8779629051

AFFILIATED & ACCREDITED BY



INTERNATIONAL YOGA ORGANISATION
AFFILIATION REGISTRATION COMMITTEE HEAD



TRAINED AND EXAMINED BY





REVATI
A HOLISTIC WAY

CERTIFICATE

OF COMPLETION

proudly presented to

REKHA UBALE

for completing the Teacher Training Course of Tibetan Sound Healing

Rnsardey.

RUPALI. S
Founder



NASardey.

NINAD SARDEY
Co- Founder



ESTD. 1974



YOGA VIDYA NIKETAN

REGD. No. F-3613

(FOUNDER : LATE YOGACHARYA 'PADMASHRI' SADASHIV NIMBALKAR)

INDIAN YOGA ASSOCIATION (IYA) MEMBER INSTITUTE

DIPLOMA IN YOGIC EDUCATION

(Yoga Teachers Training Course)

2024 - 2025



This is to Certify that

Rekha Ubale

*has successfully completed the
Diploma in Yogic Education
(from 16th July 2024 to 31st May 2025 : Total around 375 hours)
and has passed all the required
tests, both in Theory and Practical.*

S.M. Badwe

Dr. Shrikant Badwe
President

[Signature]

Organiser
15th July 2025

[Signature]

Shri Mahesh Sinkar
Chairman



YOGA VIDYA NIKETAN

REGN. No. - F 3613

YOGA BHAVAN, PLOT No: 14, SECTOR: 9A, VASHI, NAVI MUMBAI-400 703 Tel no. 022-27669710

CONGRATULATIONS

Ms. REKHA UBALE

For Receiving

**“Late Shri. JAGMOHAN SHIVRAM KHATAVKAR
AWARD”**

For

2ND HIGHEST IN SUMMER COURSE

In

**DIPLOMA IN YOGIC EDUCATION
48th YOGA TEACHER'S TRAINING COURSE
(2024-25)**

For

YOGA VIDYA NIKETAN

(ORGANIZER 48th YTTC, GLOBAL)



YOGA VIDYA NIKETAN

REGN. No. – F 3613

YOGA BHAVAN, PLOT No: 14, SECTOR: 9A, VASHI, NAVI MUMBAI-400 703 Tel no. 022-27669710

CONGRATULATIONS

Ms. REKHA UBALE

For Receiving

**“Mrs. SHARDHA & Mr. BHUMESHWAR NARSAYYA
PITLA AWARD”**

For

3RDRANK IN YTTC

In

**DIPLOMA IN YOGIC EDUCATION
48th YOGA TEACHER’S TRAINING COURSE
(2024-25)**

For

YOGA VIDYA NIKETAN

(ORGANIZER 48th YTTC, GLOBAL)



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REGN. No. - F 3613

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CONGRATULATIONS

Ms. REKHA UBALE

For Receiving

"Late Smt. KIRAN VARMA"

For

HIGHEST IN SHUDDIKRIYA(FEMALE)

In

DIPLOMA IN YOGIC EDUCATION

48th YOGA TEACHER'S TRAINING COURSE

(2024-25)

For

YOGA VIDYA NIKETAN

(ORGANIZER 48th YTTC, GLOBAL)

